

Sacred Heart College
GEELONG

Sports Pathway Program



Sacred Heart College's Sports Pathway Program is built on ambition, athletic growth, elite support and educational excellence.

This brochure explains how the program operates, what student-athletes and families can expect, and how each participant can cultivate ambition both in the classroom and on the field.

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Empowering the Athlete.
Inspiring the Future.

Introduction

Sacred Heart College is proud to introduce our brand-new Sports Pathway Program, officially launching in 2027 with a Year 9 and Year 10 pilot stream focused on Soccer or AFL.

Scheduled on Wednesday afternoons during Flexible Learning Time, this initiative supports dedicated student-athletes by balancing academic growth with high-level athletic development.

Designed specifically to complement existing outside sporting commitments, the program offers structured, sport-specific training and elite inter-school competition while ensuring students maintain strong connections with their local community clubs.

Grounded in an education-first philosophy, the Sports Pathway Program empowers students to cultivate ambition in the classroom and on the sporting field, establishing clear avenues toward future sporting careers beyond Sacred Heart.

Step onto the pathway to excellence, where ambition meets opportunity in the classroom and on the field!



Core Program Pillars and Mission

Academic Excellence

Education remains the non-negotiable core foundation for long-term success.

Elite Coaching

Direct instruction supported by Elite AFL coaches and Geelong Galaxy FC.

Physical Performance

Tailored strength, conditioning and advanced sport-specific skill mastery.

Mental Resilience

Dedicated focus on athlete mindset, focus, leadership and emotional wellbeing.

Healthy Habits

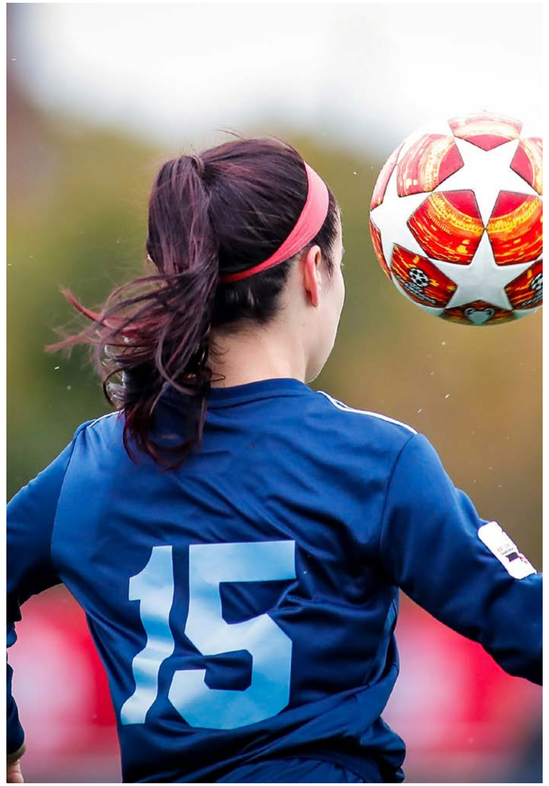
Practical education covering nutrition, active recovery and lifelong wellness.

Program Highlights

This high-performance Sports Pathways Program is built on the belief that sporting excellence and academic achievement go hand-in-hand. Designed to support student-athletes in all aspects of their growth, the program integrates elite training into the school week without compromising classroom success or community connections.

The Sports Pathways Program Highlights

- **Integrated Schedule:** Embedded into Wednesday afternoons during Flexible Learning Time to protect core academic classes and maintain optimal study-sport balance.
- **Education-First Foundation:** Academic dedication serves as the benchmark and bedrock for athletic participation and long-term success.
- **Holistic Development:** Comprehensive training encompassing physical preparation, mental resilience, athlete wellbeing, nutrition and leadership skills.
- **Community Connectedness:** Structured so student-athletes continue competing with their local community clubs while representing Sacred Heart at high-level inter-school sport competitions.



Elite Sporting Partnerships

Our Sports Pathway Program is backed by premier sporting organisations, offering students direct access to professional expertise, elite coaching and inspiring role models.

By partnering with leading clubs and elite sporting bodies, we bridge the gap between school sport and professional pathways, giving students the dedicated training environment, tactical insights and elite mentorship needed to elevate their game and realise their full potential.

Soccer

Geelong Galaxy Football Club.

Geelong Galaxy FC empowers their players and provides pathways to be able to achieve their football dream, regardless of how big that may be.

Australian Football League

Sacred Heart is in the process of building strong ties across the AFL community, giving our athletes access to high-level coaching and clear steps toward elite competition.



Soccer Partnership

Sacred Heart has partnered with Geelong Galaxy Football Club. Galaxy is the region's leading all-female soccer club competing at the highest levels in Victoria from U13s through to Senior Women.

Expert Coaching and Leadership

Guided by Jake Butler | Senior Head Coach at Geelong Galaxy FC.

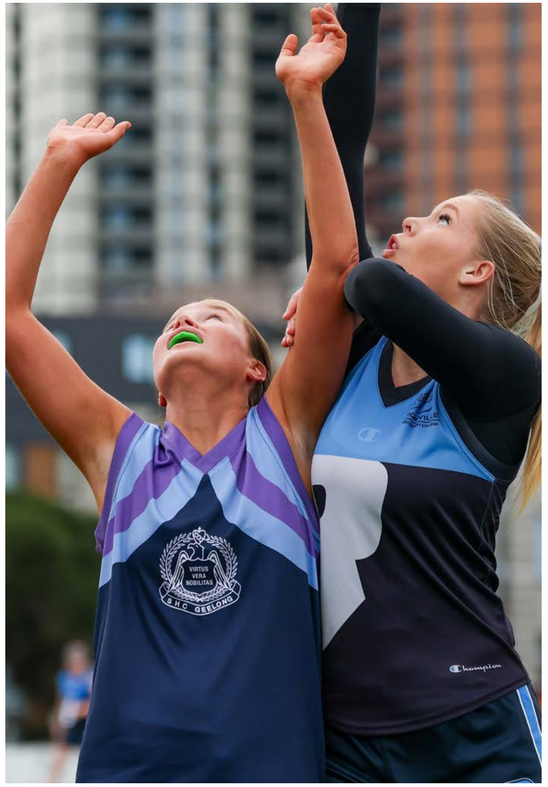
Jake was also named as the 2026 Victorian Premier League Women Coach of the Year, and is a former international footballer.

Jake delivers elite skill refinement, tactical analysis and positional instruction.

Pathway Integration

Our partnership with Galaxy provides student-athletes with exposure to Victoria's elite female football pathways.





Football Partnership

Sacred Heart is establishing connections with elite AFL networks and professional coaches to deliver top-tier skill development and player pathways. As Victoria's leading region for female football, our program provides student-athletes with exposure to high athletic standards, tactical mastery and clear avenues toward future sporting success.

Pathway Integration

Our establishing partnership will provide our student-athletes with exposure to elite professional expertise, player development insights and high athletic standards.

Female Football Growth

We are harnessing the momentum of elite women's football to empower our Year 9 and Year 10 athletes as they elevate their skill mastery and tactical understanding.

2027 Pilot

In 2027, Year 9 and 10 students passionate about Soccer or AFL will lead Sacred Heart as our inaugural cohort, building a continuous pathway through to Year 12.

Program Structure: Year at a Glance

Term	Outcome
Term One Pre-season	Targeted strength, conditioning and foundational physical preparation.
Term Two Skills Development and Strategy	Intensive skill refinement, tactical drills and sessions with expert coaches and guest speakers
Term Three Training, Games and Recovery	High-level student-athlete competition representing Sacred Heart, learning recovery strategies.



How to Apply

For students entering Year 9 and 10 in 2027 who are passionate about taking part in the Soccer or AFL pilot stream, we invite you to submit an Expression of Interest (EOI) following the application process below:

Step	Date	Description
Step One	Monday 9 November 2026	Attend the Sports Pathway Information Night on Monday 9 November from 5.30pm to 6.30pm Sports and Wellness Centre, Sacred Heart College | Enter via George Street. RSVP here https://forms.gle/TPrVzdBuJRR9CWDw8 *NB: Attendance is encouraged but not mandatory to submit an EOI.*
Step Two	Friday 15 November 2026	Complete and submit the Application Form.
Step Three	Remainder of Term Four 2026	All submissions will be reviewed by the Sports Pathway Program selection panel. Shortlisted candidates will be invited for an interview and notified of their outcome before the conclusion of Term Four this year.

For questions regarding the application process or program specifics, please contact Bianca Cheever, Sports Co-ordinator.

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